

**4-H FIELD CROPS**  
**October 2 - October 6, 2019**  
**Agricultural Hall, Metcalfe Fair**

4-H Individual Exhibit of Grain, Corn, Soybeans, Potatoes and Forage Crops.

Open to any 2019 4-H Field Crops club member in Eastern Ontario or Western Quebec.

4-H members may enter one exhibit/class, with a maximum of **3 entries** in section I

Class # 15 - Sheaf (one exhibit in each of the class, wheat, barley, and oats)

Exhibit must be from 4-H member's plot.

No entry fee

Exhibitors must provide suitable trays for potatoes and corn.

The following shall constitute an entry:

- a) Grain - 2 kg
- b) Soybeans - 2 kg
- c) Potatoes - 10 tubers
- d) Ear Corn - 10 ears
- e) Hay - **one** 4" flake of cut hay machine baled - labeled with name of exhibitor and class number
- f) Sheaf 5" to 7" in diameter - minimum of 2 ribbons on stock

If, in the opinion of the judge, an exhibit is not worthy of first place, a prize worthy of the entry will be awarded.

Exhibit items will be accepted on Wednesday evening, October 2 from 7:00 p.m. to 8:30 p.m.

Entry tags stating class number, member's name and address must be attached to all exhibit items.

Exhibit items will be judged at 10:00 a.m. on Thursday, October 3, 2019. The 4-H Field Crop Show Committee and Metcalfe Fair will not be responsible for loss or damage to any exhibit.

**Exhibits must not be removed until after 5:00 p.m. Sunday, October 6, 2019.**

Exhibits removed prior to 5:00 p.m. will forfeit prize money. Exhibits not claimed by 6:00 p.m. on Sunday, October 6, 2019 become the property of the Regional 4-H Championship Show.

Entries must be received by: **September 17, 2019 (Carleton -September 30)**  
**LATE ENTRIES WILL NOT BE ACCEPTED.**

Contact: Carolyn Lillico  
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**Section I: Regional Field Crop (RFC)**

- Class
1. Hay - First Cut Alfalfa - 85% or more alfalfa
  2. Hay - First Cut Legume other than Alfalfa - 85% or more legume
  3. Hay - First Cut Legume and Grass - 70% and 30% either way
  4. Hay - First Cut Grass - 85% or more grass
  5. Hay - Second Cut Alfalfa or Other Legume - 85% or more legume
  6. Hay - Second Cut Mixed Legume and Grass - 70% and 30% either way
  7. Barley - 6 Row
  8. Oats
  9. Spring Wheat
  10. Winter Wheat
  11. Soybeans
  12. Ear Corn (displayed in a tray)
  13. Potatoes - Tablestock (displayed in a tray)
  14. Beans (Any variety)
  15. Sheaf - (a) wheat, (b) barley, (c) oats - 5" to 7" in diameter

**4-H POSTER COMPETITION  
October 2 - October 6, 2019  
Family Pavilion, Metcalfe Fair**

Open to any 2019 4-H member in Eastern Ontario and Western Quebec.

No entry fee. Exhibits must be prepared during the 4-H Club Year October 1, 2018 to October 1, 2019. Exhibits must have been part of a County 4-H Achievement Program to be eligible for the Regional Championship Show.

Prize money will be awarded.

Exhibit items will be accepted on Wednesday evening October 2, 2019 from 7:00 p.m. to 8:30 p.m.

Entry tags stating class number, member's name, Jr. or Sr. age grouping, and address must be attached to all exhibit items.

Exhibits will be judged at 10:00 a.m. on Thursday October 3, 2019. The 4-H Lifeskills Show Committee and Metcalfe Fair will not be responsible for loss or damage to any poster. **Exhibits must not be removed before 5:00 p.m. Sunday, October 6, 2019** Exhibits removed prior to 5:00 p.m. will forfeit prize money. Exhibits not claimed by 6:00 p.m. Sunday, October 6, 2019 become the property of the Regional 4-H Championship Show.

4-H Poster size: Approx. 22" x 28" (55.88 cm x 71.12 cm). 4-H posters should not contain more than 10 photos.

If, in the opinion of the judge, an exhibit is not worthy of first place, a prize worthy of the exhibit will be awarded.

**The 4-H member's name, age as of January 1, 2019, club name and county are to be written on the back of the poster.  
Please indicate a Junior (9 - 14) or Senior (15 and over) on the entry tag.**

**The "new" Canadian 4-H emblem (green & white in colour) is to be located on the front of the poster.**

**Emblem to be at least 2" x 2" in size.**

**Posters to have a title. All lettering to be neat and readable.**

Pictures should be secure to the poster. It is recommended that two sided tape be used.

Entry nominations must be received by **September 17, 2019. (Carleton - September 30)**

**LATE ENTRIES WILL NOT BE ACCEPTED.**

A 4-H member may enter 1 exhibit per class to a maximum of three (3) posters in section II.

Counties will be limited to two (2) posters per project title and per age group as awarded at the County Achievement program. (ie: 2 dairy, 2 beef, 2 sheep, 2 swine, 2 spice of life, 2 craft, etc.) in Section II, Class 1

Counties will be limited to two (2) posters per age group in each class of **section II class 02 to 05**

**Section II : 4-H Poster Competition (Poster Size: Approx: 22" x 28") ( 55.88 cm x 71.12 cm)**

**NOTE: Photos, downloaded pictures and images must be printed on "photo" quality paper.**

**Junior (Ages 9 to 14 as of January /19)**

**Senior(Ages 15 and over as of January /19)**

- Class 1. A poster relating to a 4-H project completed and exhibited in the 4-H year, Oct 1, 2018 to October 1, 2019.
2. A collection of 10 dried, pressed weeds (real), labeled and identified. May be a poster or booklet. A booklet should be a standard size 1" binder or duo-tang.
  3. A collection of 10 seeds, labeled and identified. May be a poster or booklet. **Seeds must be visible.** A booklet should be a standard size 1" binder or duo-tang
  4. Poster of photography - a collection of 8 - 10 photos - Mounted and labeled.
  5. A "ME" Poster (Collection of 4 to 8 photos/pictures and a **typewritten** one page (8½" x 11") article telling about yourself and mounted on bristle board.
- (size: approx. 22" x 28" - 55.88 cm x 71.12 cm).

**4-H LIFESKILL CLASSES**  
**October 2 - October 6, 2019**  
**Family Pavilion, Metcalfe Fair**

Open to any 2019 4-H member in Eastern Ontario or Western Quebec  
**Junior (Ages 9 to 14 as of January /19) and**  
**Senior (Ages 15 and over as of January /19)**

No entry fee.

4-H members may enter 1 exhibit per class. with a maximum of 3 per section

III.

Exhibits must have been previously exhibited at a County Achievement program to be eligible for display at the Regional Championship Show.

Prize money will be awarded.

Exhibit items will be accepted on Wednesday evening October 2 from 7:00 pm to 8:30 pm Entry tags stating class number, member's name and address must be attached to all exhibit items. Please indicate Junior or Senior on front of entry tag.

**Junior (Ages 9 to 14 as of January /19) and**  
**Senior (Ages 15 and over as of January /19)**

Entries will be judged at 10:00 am on Thursday, October 3, 2019. The 4-H Lifeskills Show Committee and Metcalfe Fair will not be responsible for loss or damage to any exhibit. **Exhibits must not be removed before 5:00 p.m. on Sunday, October 6, 2019. Exhibits removed before 5:00 p.m. will forfeit prize money.** Exhibits not claimed by 6:00 p.m. Sunday, October 6, 2019 become the property of the Regional 4-H Championship Show.

If, in the opinion of the judge, an exhibit is not worthy of first place. a prize worthy of the entry will be awarded.

Project items that are entered must be completed in a club related to that topic.

**When entering please state club project name.**

Entries must be received by **September 17, 2019 (Carleton -September 30)**

**LATE ENTRIES WILL NOT BE ACCEPTED.**

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**Section III: Regional Lifeskills (RLC)**

**Junior (Ages 9 to 14 as of January /19)  
Senior (Ages 15 and over as of January /19)**

1. One page from scrapbook.
2. Article of woodworking (No kits). It is recommended that the item be table top size
3. An article from a sewing project
4. An article of stitchery ( knitting, crocheting, cross stitchery, etc.)
5. Any item of quilting
6. A 4-H project book related to any 4-H project completed during the club year.  
**Note a project book is to be a standard size 1" binder or duo-tang.**
7. Something NEW from something OLD.
8. Any craft item
9. 3 buns - made from scratch with yeast - bread machine may be used
10. Any item of baking (3 items per plate) or 1 slice of pie
12. Any item of fudge /candy (3 pieces per plate)

**SPECIAL: Cloverbud Members Only:** Class 13: Any craft item. Must have been made during a club meeting and exhibited at a County Achievement Program. Limit **2** items per county.

**Note:** Baking products are to be displayed on a small disposable plate and inserted in a zip top plastic bag.

Recipe included on small recipe card and attached to all baking products.

See notes on Tips for Exhibitors on the following pages.

**TIPS FOR EXHIBITORS**

Score for baked goods: 30 General Appearance 30 Internal Appearance 40 Flavour & Aroma

*YEAST BREAD:* Size and shape: well proportioned; even golden top and bottom; crust - no cracks, do not pick with fork; light for size, no internal holes

Rolls: single item Buns: attached

*QUICK BREADS:*

Loaves: cracks on loaves are acceptable

Coffee cakes: loaf cakes, even colour, tender crust, no moisture on top. Top cracks accepted.

Muffins: uniform, rounded top, no peaks, moist internal appearance, no tunnels.

**Do not over mix muffins. Do not use paper cups for muffins**

*PIES & TARTS:*

Score 20 General Appearance 50 Crust 30 Filling

Crust: medium thickness, tender, flaky; Filling: thick enough to hold shape, medium depth

**Tip: Temper foil plates 10 minutes @ 400F before using**

*CAKES:* Uniform thickness of layers; Slightly rounded on top; Cardboard bases must be covered with foil

Frostings are boiled or cooked; icing should not be cooked and should have butter or shortening base

Icing should touch plate

White cake - has only egg whites

Decorated Cakes - 50 General Appearance 50 Workmanship

*COOKIES:*

Uniform size - even colour

Rolled cookies - crisp, yet tender

Drop - soft - slightly moist

Bars should be approximately 1.5" x 1" Squares should be approximately 1.5" x 1.5"

*CANDY:*

Score 30 General Appearance 30 Texture 40 Flavour

**Tip: Cut pieces with hot knife.**

*NOTE* - When a product label is asked for, it must accompany the entry, or the entry will be disqualified.

*NOTE* - When a cardboard base is called for, it must be covered with foil wrap, or the entry will be disqualified

#### **Helpful Hints for 4-H Posters**

Purpose of displaying 4-H posters at the fair is to educate the general public.

Posters get about 20 seconds of the visitors attention so you need to "grab them" with large, neat titles and a good colour scheme that will stand out against the background.

Decide what you want them to know or learn - then be precise, be brief, and be accurate with the information you provide.

Watch your spelling and if using computer generated text be sure you can read the font from a distance of 5 to 8 feet away as posters are often displayed up on walls and behind a fence or gate to keep people back from the display area.

Ensure that you use the "new" Canadian 4-H emblem ONLY. Ensure that it is at least 2" x 2" and is placed in a prominent location. It should be green and white in colour.

Watch poster size criteria as dictated by the rules of the contest. All posters must conform to required size, no bigger and no smaller.

Be sure to label your pictures or photos to ensure the public knows what they represent.

Print all photos and downloaded pictures and images on photo quality paper.

Posters should contain no more than 10 photos.

Attach pictures to posters in a secure manner. Two sided tape is recommended.

**4-H MEMBER EXHIBIT COMPETITION**  
**October 2 - October 6, 2019**  
**Family Pavilion, Metcalfe Fair**

Open to any 4-H member in 2019 in Eastern Ontario or Western Quebec.

**Note:** A member exhibit is to be constructed by ONE 4-H member only.

Exhibits must have been part of a County 4-H Achievement Program in 2018 or 2019. Entries must have been constructed during the club year Oct. 1, 2018 to Oct. 1, 2019.

Each county will have a quota of two (2) exhibits per class

Each member will be allowed up to 3 feet of table space. Tables will be 30 inches wide. Display should not exceed 42 inches in height and be free standing.

Exhibit items will be accepted on Wednesday evening October 2, 2019 from 7:00 p.m. to 8:30 p.m. Entry tags stating class number, member's name and address must be attached to all exhibit items.

Entries will be judged at 10:00 a.m. on Thursday, October 3, 2019. The 4-H Lifeskills Show Committee and Metcalfe Fair will not be responsible for loss or damage to any exhibit.

**Exhibits must not be removed before 5:00 p.m. on Sunday, October 6, 2019. Exhibits removed prior to 5:00 p.m. will forfeit prize money.** Exhibits not claimed by 6:00 p.m. Sunday, October 6, 2019 become be property of the Regional 4-H Championship Show.

If in the opinion of the judge. an exhibit is not worthy of first place. a prize worthy of the entry will be awarded.

**The "new" Canadian 4-H emblem (green & white in colour) is to be located on the front of the exhibit.**

**Emblem to be at least 2" x 2" in size. All lettering to be neat and readable.**

Entries must be received by **September 17, 2019** ( Carleton -September 30)

**LATE ENTRIES WILL NOT BE ACCEPTED.**

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**PRIZE MONEY:** 1<sup>st</sup> - \$15; 2<sup>nd</sup> - \$12; 3<sup>rd</sup> \$10; 4<sup>th</sup> - \$8;  
and for every other creditable  
entry - \$5.

**Section IV: Regional Member Exhibits (RME)**

- Class 1. 4-H Member Exhibit Relating to 4-H Project completed during the club year.
2. 4-H Member Exhibit that promotes the 4-H member's involvement in 4-H. This should not be club specific. Events could include Judging night, Provincial events, Regional events, Camps, Exchanges, Plowing at IPM or Plowing at county match, GFTG, etc.

**4-H INTER-CLUB EXHIBIT COMPETITION  
October 2 - October 6  
Family Pavilion, Metcalfe Fair**

Open to any 4-H Club organized between Oct. 1, 2018 and Oct. 1, 2019 in Eastern Ontario or Western Quebec

No entry fee.

The exhibit may depict any topic directly related to a 4-H project completed between Oct. 1, 2018 and Oct. 1, 2019.

**The exhibit must be prepared by two or more members.**

Exhibits must have been part of a County 4-H Achievement Program. Each county will have a quota of **one exhibit per class**

Each county will be allowed up to 3 feet of table space. Tables will be 30 inches wide. Display should not exceed 42 inches in height and be free standing.

Exhibit items will be accepted on Wednesday evening October 2 from 7:00 p.m. to 8:30 p.m. Entry tags stating class number, Club leader's name and address must be attached to all exhibit items.

Entries will be judged at 10:00 a.m. on Thursday, October 3, 2019. The 4-H Lifeskills Show Committee and Metcalfe Fair will not be responsible for loss or damage to any exhibit. **Exhibits must not be removed before 5:00 p.m. on Sunday, October 6.** Exhibits removed prior to 5:00 p.m. will forfeit prize money. Exhibits not claimed by 6:00 p.m. Sunday, October 6, 2019 become the property of the Regional 4-H Championship Show.

If, in the opinion of the judge, an exhibit is not worthy of first place, a prize worthy of the entry will be awarded.

**The "new" Canadian 4-H emblem (green & white in colour) is to be located on the front of the exhibit.**

**Emblem to be at least 2" x 2" in size.**

**Exhibit to have a title.**

**All lettering to be neat and readable.**

Entries must be received by **September 17, 2019 (Carleton -September 30).**  
**LATE ENTRIES WILL NOT BE ACCEPTED**



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PRIZE MONEY: 1<sup>st</sup> - \$15; 2<sup>nd</sup> - \$12; 3<sup>rd</sup> - \$10; 4<sup>th</sup> - \$8; 5<sup>th</sup> and for every other creditable entry - \$5.

**Section V: Regional Club Exhibits (RCE)**

- Class 1. 4-H Club Exhibit Relating to 4-H Project completed in the club year.  
2. A Special Event in Your County (ie: Judging Day)

**NOTE: Event to be named and location within county**